Abstract for the Disclosure

Assembly for attaching a patient's vaginal apex or uterus or rectum to her/his spine, includes a first tube having a length adapted to the distance from the outer wall of the patient's abdomen to the sacrum. The first tube has a distal end for engagement with the sacrum, an opposite proximal end, and a first passage from the distal to the proximal end thereof, a second tube having a length that at least equals the length of the first tube. The second tube has a distal end and an opposite proximal end, at least one attachment element with a distal end for attachment to the sacrum and a proximal end for attachment of an end of connection element for connection to the patient's vaginal apex or uterus or rectum, such as one or more threads.